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Chauri Deurali Trek



Tour Overview

Chauri Deurali Trek is a trekking route in Nepal, located 140km from Kathmandu's capital. The route is known for its local culture, agriculture, and sustainable tourism, while also preserving cultural and natural heritages. The trek offers a unique experience, allowing trekkers to explore less crowded trails and experience the natural beauty and culture of rural Nepal. The route passes through lush forests, traditional villages, and alpine meadows, offering stunning views of the Himalayan peaks Langtang, Gauri Shanker, Dorje Lakpa, Annapurna, and Manaslu. The trek is situated between the Chauri Khola and Sunkoshi Rivers, covering 98.2 km square and 2240 meters above sea level. It is famous for Buddhist monasteries, Chorten's and Guru Padmasambhava's meditation places, and Sir Edmund Hillary's route to Mt. Everest. The region is home to Hindus and Buddhists, with farming being the main occupation. Trekkers can start from Kathmandu to Namo Buddha, Temal to Arubot Village, or drive to Arubot and start the trek.

Location and Accessibility: Located just 140 km away from Kathmandu, Chauri Deurali lies in a rural municipality. Despite its proximity to the capital, it offers a serene and less crowded trekking experience compared to more popular tourist routes.

Cultural and Natural Diversity: This region is renowned for its rich local culture, agriculture, and commitment to sustainable tourism. It promotes the preservation and promotion of cultural and natural heritages, making it an ideal destination for travelers interested in experiencing rural Nepalese life.

Scenic Beauty: The trek takes you through lush forests, traditional villages, and alpine meadows. Along the way, trekkers are treated to stunning views of the Himalayan peaks, including Langtang, Gauri Shanker, Dorje Lakpa, Annapurna, and Manaslu.

Cultural Highlights: Chauri Deurali is dotted with Buddhist monasteries, chortens, and places associated with Guru Padmasambhava's meditation. The region's cultural heritage adds depth to the trekking experience, offering opportunities to interact with local communities practicing Hinduism and Buddhism.

Starting Points and Trek Duration: Trekkers can start their journey from Kathmandu, traveling to Namo Buddha and then to Temal before reaching Arubot Village. Alternatively, one can drive directly to Arubot and begin the trek from there. The trek can typically be completed in about a week to two weeks, depending on the pace and side excursions.

Local Lifestyle and Agriculture: The area's main inhabitants are Hindus and Buddhists, who engage primarily in farming. This presents an opportunity for trekkers to witness and even participate in the local lifestyle and agricultural practices.

Detailed Itinerary

Day 1: Arrive in Kathmandu international Airport, then transfer to hotel

We will meet and greet you in Airport then transfer to hotel.

In the Evening brief our program and dinner together. Overnight at hotel.

Day 2: Kathmandu Valley sightseeing tours

Half day Sightseeing tours in three world Heritage sights Pashupatinath Temple, Boudha stupa and Hanuman Dhoka Durbar Square in Kathmandu valley.

Day 3: Drive to Arubot-Village

Our morning drive takes us from Kathmandu to Arubot 4 hrs. We start drive about 7 Oclock in the morning. After lunch we make an excursion to the village. Overnight at home stay.

Day 4: Trek to Madan- Deurali-Chauri- Bangthali

Trek to Madan-Deurali -Chauri than Bangthali village

Day 5: Trek to Surke Deurali-KhadaDevi Temple -Nagre

Trek to Holly KhadaDevi temple then to Nagre village.

Day 6: Trek to Sano Sailung

Trek to Sano Sailung

Day 7: Trek to Thulo Sailung

Trek to Sailung with the majestic view

Day 8 : Drive to Kathmandu

Drive to kathmandu and Trek ends here.

Pricing Information

Price Details

$650 per person

Price Includes

4-night hotel in kathmandu
5 night Homestay
All means during the Trekking

Price Excludes

International Flights

Any Private Expenses

any alcoholic bills

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