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Cultural Tours in Nepal



Tour Overview

Nepal is a mystical land for its ethnic diversity, religious and cultural beliefs, festivities, gods and goddesses in their many manifestations, demos, myths, legends, folklore, and myriad spiritual and supernatural elements have been the subject of profound interest to visitors. Its cultural mosaic is enriched by folk art and artistic creations, which are reflected in its music, musical instruments, paintings, masks, curio items of cultural significance, and numerous other objects of art. In South Asian countries, the best harmonious inter-relationship and tolerance between Hinduism and Buddhism and the mutual respect and acceptance of each other have created a congenial environment for the development of art and culture only in Nepal. Nepal's rich mosaic of cultural heritages could be linked to a precious diamond having numerous facts. The Kathmandu Valley is a treasure trove of Nepalese culture, and an important side of that culture is its architectural heritage which is represented in the numerous monuments included and preserved within the seven monuments zones in the Kathmandu Valley world heritage site. The beautiful temples, monasteries, stupas or Chaityas, shrines, palaces, monuments, and every other architectural wonder of the valley are glorious cultural treasures of Nepal as well as a heritage of the whole of mankind. Nepalese architectural heritage is represented in the unique design of built structures like the pagoda and Shikhara-style temples, Shrines, monasteries, palaces, individual homes, stupas, Sattals, stone waterspouts, forts, and so on. UNESCO has included seven monument sites of

the Kathmandu Valley in the World Cultural Heritage list. Of the seven sites, there are centers around the ancient medieval palaces of the valley, namely the Hanumandhoka Durbar Square in Kathmandu, Bhaktapur Durbar in Bhaktapur, and Patan Durbar Square in Lalitpur. These palace complexes were the residences of the Malla kings. The otherworld heritage sites are the Swayambhu Nath Stupa, Boudhnath Stupa, Pashupatinath Temple, and Changu Narayan Temple.

Itinerary: 7 Days Cultural Tours Outline Itinerary

Day 1: Arrival in Kathmandu and a brief for tours Exploration Arrive at Tribhuvan International Airport (TIA) in Kathmandu. Transfer to your hotel and check in. In the evening, have dinner at a typical Nepalese restaurant with a brief cultural tour. **Day 2: Spiritual Kathmandu** Visit the nearby Kasthamandap temple in Hanuman Dhoka Durbar Square, one of the oldest structures in Kathmandu. Visit Pashupatinath Temple, a highly revered Hindu temple on the banks of the Bagmati River. Explore Boudhanath Stupa, one of the largest Buddhist stupas in the world and a UNESCO World Heritage site. Visit Swayambhunath (Monkey Temple), a Buddhist temple perched on a hilltop with panoramic views of the valley. **Day 3: Sightseeing tour to Patan and Bungamati** Travel to Patan, also known as Lalitpur, and visit Patan Durbar Square, another UNESCO World Heritage site. Explore the Patan Museum, which showcases the art and architecture of the valley. Visit the nearby Newari villages of Bungamati and Khokana, known for their traditional way of life and crafts. **Day 4: Sightseeing tour to Bhaktapur and Nagarkot Hillside viewpoint.** Drive to Bhaktapur, a well-preserved Newar city, and explore Bhaktapur Durbar Square, a UNESCO World Heritage site. Visit Pottery Square, the Lion Gate, and the Golden Gate. Continue to Nagarkot, a hill station offering panoramic views of the Himalayas, including Everest. **Day 5: Sunrise and Scenic Drive back to Kathmandu** Wake up early to witness the sunrise over the Himalayas from Nagarkot. Enjoy a scenic drive back to Kathmandu, possibly stopping at Changu Narayan Temple, the oldest temple in the valley, along the way. Afternoon: Free time for shopping or optional activities. **Day 6: Explore to Kritipur Newari town and Dakshinkali Temple.** Explore the Newari town of Kirtipur, known for its historical sites and temples. Visit Dakshinkali Temple, a Hindu temple dedicated to the goddess Kali, located in a scenic natural setting. **Day 7: Departure to homeland** Enjoy a final breakfast in Kathmandu. Transfer to Tribhuvan International Airport (TIA) for your departure. **Note:** This detailed itinerary can be adjusted based on your interests and the time you have available. You can add or remove activities, customize the pace, and tailor the tour to your specific preferences.