Vat No: 600106861 **Gov Regd No:** 12345678

ASIAN EXPEDITION PVT. LTD

Kathmandu, Nepal | Contact: +977-9851347921, +977-015358373
info@asian-expedition.com | www.asian-expedition.com

Everest View Trek



Tour Overview

The stunning view of mt. Everest, Lotse and Amadablam, the Sherpa people,Yaks and the amazing landscapes really attack you to this trekking. In this region it is easy trekking trail, which includes rich Sherpa's culture and society and high farming land with holy Thyengboche Gompa and the Imja river and the Historic way to Everest.You can fully satisfy while many peaks and mt.Everest are close distance with amazing sun rise and sun set views. The holy monks are friendly to welcome you to the Monasteries, participate their rituals way and feel as peace in your mind and soul. You definitely enjoy this great moment in this high land.

Detailed Itinerary

Day 1: Arrival in Nepal

Our staff will give you our traditional welcome and you will be transferred to hotel on private

vehicle.

Day 2: Kathmandu sightseeing tour.

Guided sightseeing tour of Kathmandu, including Bouddhanath stupa, Pashupatinath temple,Kathmandu Durbar square and Swoyambhunath stupa.We take you to Bouddhanath stupa to show you 1500 years old stupa, the biggest in the world. Loaded with prayer flags and Tibetan pilgrims, it is an intoxicating place. The Swoyambhunath stupa is even older and commands a superb view of Kathmandu city and the Himalaya.Kathmandu Durbar square is where Nepal's finest temples and palaces are found.In the old Hindu temple of Pashupatinath you will get opportunities to meet the Sadhus and see Hindu cremation rituals among other interests.

Day 3: Fly to Lukla & trek to Phakding (2640m)

Take early morning , short spectacular mountain flight to Lukla with your guide. Meet your other trekking crew in Lukla and start your Everest view trek.Overnight in lodge in Phakding.

Day 4: Trek to Namche Bazar (3440m)

It is an uphill hike and the hardest day in your trek. Trekking slowly and stopping frequently for photographs, we take lunch on the way, cross a long suspension bridge over Dudhkoshi river and finally reach Namche Bazzar.Namche is the headquarter of Everest region, an active mountain village where you will get almost everything you will wish as a trekker-shops, restaurants, a bakery, hotel with hot showers and electric power, trekking gears , and even internet facilities .

Day 5: Acclimatization day at Namche Bazzar(3440m)

Accommodate your body to high altitude of Namche as you have gained much height previous day.Walk aroud the interesting Sherpa bazzar , if it is saturday you will be able to watch the colourful flea market with villagers coming from day long walk to buy or sell their products.You can also do a short hiking to a hill above Namche early mornig.The view of Everest and other Khumbu Himalaya from here is one of the most stunning scenery in the

world.

Day 6: Trek to Thame (3800m)

Enjoy the view of Khumbu himalaya from different angles as you trek to Thame . Thame is the village of the famous Sherpa mountaineers.This is one of the highest Sherpa village and a good place to see their culture.

Day 7: Trek to Khumjung (3780m)

Khumjung is the biggest Sherpa village in Everest region.You will see the beautiful Khumjung monastery , Edmund Hillary school, Yaks and Sherpa farm land and their vibrant culture.A visit to Syangboche will reward you with one of the most amazing close view of Everest and other Khumbu mountains.

Day 8: Trek to Tengboche (3860m)

Tengboche is the biggest and most important Buddhist monastery sitting majestically on a hill above Dudh koshi valley. The view from here is one of the best in Everest region. It is a great place to see the sunrise and sunset over Everest or watch the Buddhist culture and relax or hike around.

Day 9: Tengboche rest and explore around hill view points, Monastries and Sherpa villages.

Day 10: Tengboche trek to Namche Bazar Sherpa village

Day 11: Namche Bazar Sherpa village to Phakding

Day 12: Phakding Sherpa village trek to Lukla.

Day 13: Lukla to Katmandu by flight. Trekking ends.

Day 14: Final Departure

Pricing Information

Price Details

Everest View Trekking Cost : Accomodation in Lodge

1-3 Persons, Per Person USD 1250
4- 6 Persons, Per Person USD 1150
7-above Persons, Per Person USD 1050
Single Supplementary who take single room USD 300

Price Includes

1. 4 night's hotel in Kathmandu with bed & breakfast
2. Guided sightseeing in Kathmandu valley
3. Trekking Permit for Everest views trekking and TIMS Card
4. Meal: All meal Breakfast, Lunch, dinner during the trek
5. One experience trekking guide 1 porter for 2 trekker
6. Sagarrmatha National Park permits
7. Flight Kathmandu - Lukla - Kathmandu.
8. Life, Medical Insurance for Guide & Porter
9. All accommodation during the trek best available hotel/guesthouses
10. Airport -Hotel-Airport transfer
11. Our service charge

Price Excludes

1. Internationa flights and Personal equipment for trekking
2. Personal Insurance for travel to Nepal
3. Lunch & dinner in Kathmandu
3. Emergency Rescue evacuation during the trek incase needed
4. Personal expenses
5. Tipping (Tips) for guide & porter
6. Bar bills, Beverage and mineral water during the trek.
7. The cost not mentioned in cost includes