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Expedition Langtang Lirung

Tour Overview

Langtang Lirung is a mountain peak located in the Langtang region of Nepal, standing at an elevation of 7,234 m (23,734 ft) above sea level. It is one of the prominent peaks in the Langtang Himal range. Expeditions to Langtang Lirung typically involve significant planning, preparation, and technical climbing skills due to the challenging terrain and high altitude.

Expeditions to Langtang Lirung usually start from Kathmandu, the capital city of Nepal. From Kathmandu, climbers typically travel by road to Syabrubesi, a village in the Langtang region, which serves as the starting point for treks and climbs in the Langtang Valley.

The climbing route to Langtang Lirung often involves establishing multiple high-altitude camps, acclimatization periods, and negotiating crevassed glaciers and steep slopes. Climbers face challenges such as extreme weather conditions, altitude sickness, and technical climbing obstacles.

Experienced mountaineering agencies in Nepal typically organize expeditions to Langtang Lirung, and climbers often require permits from the Nepalese government to attempt the

ascent.

Due to the remote and challenging nature of Langtang Lirung, expeditions to this peak are generally undertaken by experienced mountaineers with prior high-altitude climbing experience. Safety precautions, such as proper acclimatization, adequate gear, and experienced guides, are essential for a successful expedition.

Climbing History:

Langtang Lirung, with its challenging terrain and impressive elevation, has attracted climbers for decades. Here's a brief overview of the climbing history of Langtang Lirung: The peak was reconnoitered by H. W. Tilman and P. Lloyd in 1949. Attempts were made to climb the peak via the East Ridge in the 1960s, but none got close to the summit.

First Ascent: Langtang Lirung was first climbed on October 22, 1978, by a Japanese expedition led by Naoki Takada and Pemba Tsering Sherpa. The successful ascent was made via the North Ridge route.

Subsequent Ascents: Following the first ascent, there have been several successful ascents of Langtang Lirung via various routes. While not as popular as some of the more famous peaks in the region, Langtang Lirung continues to be climbed by experienced mountaineers seeking challenging and less crowded routes.

Notable Attempts: Over the years, there have been notable attempts and expeditions on Langtang Lirung, some of which have faced challenges or ended in tragedy due to the mountain's technical difficulties and harsh weather conditions.

Climbing Routes: Different routes have been established on Langtang Lirung, including the North Ridge, East Face, and West Ridge. Each route presents its own set of challenges, requiring climbers to possess strong technical skills and mountaineering experience.

Modern Expeditions: Expeditions to Langtang Lirung continue to take place, organized by both commercial guiding companies and independent climbers. These expeditions typically involve thorough planning, acclimatization periods, and the use of modern climbing equipment and techniques.

Contributions to Mountaineering: Langtang Lirung, while not as famous as some of the eight-thousanders in the Himalayas, has contributed to the development of mountaineering skills and techniques due to its challenging terrain and technical routes.

Departure & Return Location - Kathmandu Tribhuvan Airport

Departure Time - 3 Hours Before Flight Time

What to Expect -

Langtang Lirung Expedition Technical challenge

Expeditions to peaks like Langtang Lirung present several technical challenges that climbers must overcome. Here are some of the technical challenges climbers might face during a Langtang expedition:

High Altitude: Langtang Lirung stands at 7,227 meters (23,711 feet) above sea level. At such high altitudes, climbers can suffer from altitude sickness, which can range from mild symptoms like headaches and nausea to more severe conditions like high altitude pulmonary or cerebral edema. Proper acclimatization and awareness of altitude-related illnesses are crucial.

Technical Climbing: Climbing Langtang Lirung involves navigating through steep and icy terrain, as well as negotiating crevassed glaciers. Technical climbing skills such as ice climbing, glacier travel, and rope management are essential for safely ascending the peak.

Weather Conditions: The weather in the Himalayas can be extremely unpredictable and harsh. Climbers may encounter high winds, heavy snowfall, and sudden changes in weather conditions, which can pose significant challenges during the ascent and descent.

Route Finding: Finding the safest and most efficient route to the summit of Langtang Lirung can be challenging, especially in areas with complex terrain, crevasses, and seracs. Climbers must have strong route-finding skills and be able to assess the risks associated with different routes.

Equipment: Climbers need specialized equipment for high-altitude mountaineering, including crampons, ice axes, ropes, harnesses, helmets, and high-altitude tents. Ensuring that all equipment is in good condition and properly maintained is essential for a successful expedition.

Communication and Logistics: Langtang Lirung is located in a remote area of Nepal, which can present logistical challenges in terms of transportation, communication, and access to medical assistance in case of emergencies. Expedition teams must have robust communication systems and emergency evacuation plans in place.

Physical and Mental Endurance: Climbing a peak like Langtang Lirung requires excellent physical fitness and mental endurance. Climbers must be prepared for long days of strenuous

climbing, often in extreme weather conditions, and be able to make sound decisions under pressure.

Overall, a Langtang expedition demands careful planning, technical expertise, physical fitness, and mental resilience to overcome the various challenges posed by the mountain environment.

Detailed Itinerary

Day 1: Arrive in Kathmandu

Welcome and greet you at Airport then Transfer to the Hotel.

Day 2: Kathmandu: Sightseeing Tours day

Today after breakfast we start a guided tour to several of the most historical and spiritual attractions in Kathmandu. Some of these landmarks include the World Heritage Sites: the historic Kathmandu Durbar Square, the sacred Hindu temple of Pashupati Nath Temple and Buddhist shrine (Buddha Nath) which is one of the largest Stupas in the world.

Day 3: Preparation day in Kathmandu

The day is for the preparation day. We meet the guide/ Climbing Sherpa and other crew members and be prepared for the expedition. The briefing of the safety precautions and adaptation techniques are taught and trained. The use of all safety and expedition gears are explained.

Day 4: Drive Kathmandu to Syabrubesi (1460m)- 6/7 hrs by Bus

he way to Syabrubesi is full of natural beauty and breathtaking landscape. Stay overnight at Guesthouse in Syabrubesi.

Day 5: Trek to Lama Hotel (2340m)

We trek up the Langtang Valley trekking route passing through many small villages, fields, river and forest to reach Lama Hotel (2340m). Stay overnight at Guest House

Day 6: Trek to Langtang Village (3330m).: 6-7 hrs

Today passing through many villages, forest, pasture, mountain views and rivers, we climb up the rocky trail to finally reach the cultural Langtang Village (3330m). Stay overnight at Guest house.

Day 7: Acclimatization day at Langtang Village.

After few days of trekking today is much much-needed rest and acclimatization day at Langtang Village. We visit and explore the places and culture around Langtang village. Stay overnight at guest house.

Day 8: Trek to Kyangin Gompa

We trek up the route through the views of mountain all around and beautiful landscape passing forest, river and rocky trail to reach Kyangin Gompa (3730m). Stay overnight at Guest house.

Day 9: Acclimatization and preparation day at Kyangin Gompa

Today is rest, exploration, acclimatization and preparation day at Kyangin Gompa. We explore the places around, adapt in the changing climate and atmosphere and prepare ourselves for expedition. Stay overnight at Guest House.

Day 10: Trek to Langtang Lirung Base Camp (4600m)

We trek up the route through the stunning view of the Langtang mountain series and the

rough trail to reach Langtang Lirung Base Camp. Stay overnight at a tented camp.

Day 11-30: Expedition/Climbing Period

These days we make the expedition to the top of Mt. Langtang Lirung. We reach the top of the peak at the height of 7234m from the sea level. We use expedition gears and expert climbers to make our way onto the top of the Langtang. Trekking up through the thin air to finally reach the top will provide you the feeling of glory and heavenly experience. After the successful expedition we climb down the Langtang to reach Langtang Lirung Base Camp.

Day 31: Trek to Kyangin Gompa

We follow the same route we trekked up to reach the village down to Kyangin Gompa. We enjoy the panoramic view of the mountain we expedited on the route. Stay overnight at Guest House.

Day 32: Trek to Lama Hotel

We follow the Langtang trekking route down through scenic and cultural village to reach Lama Hotel. Stay overnight at guest House.

Day 33: Trek to Syabrubensi

Continuing ascend down the route we finally make our way to the starting point of our trek, Syabrubesi. This is the last day for our staff offer a climbing party and Tipps for their generous support for climbing and trekking. Stay overnight at Guest House.

Day 34: Drive back to Kathmandu 6/7 hrs

Today is our last day of the day would be a long drive, leaving all the mountains and all those cultural village behind we drive back to Kathmandu by Bus. Saty in Hotel.

Day 35: Rest day in kathmandu

Rest day or shopping day in Kathmandu

Day 36: Final departure day

Final departure day. We will assist you to the airport before your flight.

Pricing Information

Price Details

$13000.00

Price Includes

• International Airport Arrival/Departure transfer as per mentioned in Itinerary

• 3 star hotel stay in Kathmandu with BB Plan

• Sightseeing in Kathmandu with an experienced city guide, all entrance fees and private vehicle

• All essential ground transportation by Private Vehicle – as mentioned in Itinerary

• Climbing permit for Mt. Langtang Lirung Expedition

• Required Expedition permits and National Park fees

• Tea House and Camping accommodation during Trekking and Climbing

• All meals – Breakfast, Lunch and Dinner during trekking and climbing period

• Trekking Guide and well-experienced climbing guide with 8000m peak climbing experience.

• Required number of porters, and kitchen staff for camping

• All essential camping equipment – Dining tent, toilet tent, store tent, table – chair for an expedition • Government Liaison officer for Climbing

• All staffs salary, foods, clothing and insurance

• All essential climbing gears,ropes and equipment.

• Portable oxygen cylinders

• Solar panel for batteries charging & lighting in base camp

• Satellite Phone (Need to pay as per usages per minute)

• Welcome and farewell dinner in Kathmandu

• All applicable TAX, VAT and necessary paperwork

• Trekking/Climbing Region Map

• Achievement Certificate from Government as well as our company.

• Complementaries - Tshirt

Price Excludes

• International airfare

• Nepal entry visa charge

• Travel insurance

• Heli rescue

• All beverages and other personal expenses.

• Snacks and other personal expenses

• Hot shower during the trip

• Personal equipment for trekking and climbing Expedition

• Tips for crew, including climbing guide

- Fee of Liaison Officer