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Kailas-Tibet-Tour

Tour Overview

One of the world's most sacred and mysterious mountain peak—**Mount Kailash**.It is a 6,638 m high peak in the Kailash Range, which forms part of the Transhimalaya in the Tibet Autonomous Region of China. Mount Kailash—the Stairway to Heaven—is the most intriguing mountain range is the whole of Himalayas, so we thought of divulging some things that you might not know about it. As a matter of fact, Mount Kailash is 22,000 ft from the Tibetan Plateau, which is largely considered to be inaccessible. For Hindus and Buddhists, Mount Kailash is the physical embodiment of Mount Meru. According to the Buddhist and Hindu scriptures, around the Mount Meru exist ancient monasteries and caves wherein the holy sages reside in their material and subtle bodies. These caves can be seen by only a few fortunate ones.

Trekking all the way up to the peak of Mount Kailash is held to be a forbidden act among Hindus for the fear of trespassing the sanctity of the mountain and disturbing the divine energies residing there. As per a Tibetan lore, a monk named Milarepa once ventured far enough to reach the top of Mount Meru. When he returned, he forewarned everyone to avoid bothering the God resting high up in the peak. Two beautiful lakes, namely Mansarovar and Rakshas Tal, are located at the base of Mount Kailash. Of the two, Mansarovar, which lies at

an altitude of 14, 950 ft, is considered the highest freshwater body in the world.

Detailed Itinerary

Day 1: Arrival in Kathmandu Airport and then transfer to Hotel.

Day 2: Kathmandu valley Sightseeing tours

Kathmandu valley Sightseeing tours in world heritage sites like Boudhnath stupa, Pasupatinath temple and surroundings

Day 3: Kathmandu – Kyirong. (2700m)

Our program starts from Tashi Delek Nepal Trek office early in the morning at 06:00 AM. We Drive down to Nagdhunga and follow the Trishuli River to the North from Galchi and drive to Kyrong through Dhunch and Saybrubasi to the border with is 140km and the border go throught the immigration formalities in the Nepali section and after immigration formalities cross the border and again clients have to go through Chinese immigration formalities and our Tibetan Guide will be on standby with all the necessary document and transportation with driver and after immigration formalities drive to Kyirong 70 km. o/n in Guest house.

Day 4: Kyirong (2700m): - Rest for acclimatization.

Day 5: Lake Geneva and Château de Chillon

It's market day in Lausanne! Enjoy browsing and packing a picnic lunch for our 11 a.m. boat cruise on Lake Geneva. A few miles down-shore we'll dock at Château de Chillon, where we'll have a guided tour of this delightfully medieval castle on the water. On our way back we'll take time to peek into the vineyards surrounding Lutry before returning to Lausanne. Boat: 2 hrs. Bus: 1 hr. Walking: moderate.

Day 5: Kyirong – Saga (4600m)

As we Head away from Nyalam, we drive further across Lalung La (5200m) through a perfect merging of breathtaking views, passes through huge turquoise lake, the Peiku-Tso with spectacular views of Shishapangma (8027m) as the backdrop, the trail follows a route that brushes past the Brahmaputra River. Further ahead, a river valley sprawls over and then traditional chocolate box villages come into picture frame. This scenically rewarding drive provides plenty of opportunities to get your video cameras into action. From then on, the trail winds towards the northern route. On covering 295km, you reach an elevation of 4600 meters. As soon as you find a suitable campsite in Saga, we set up camp for the approaching night or stay in a hotel/guest house.

Day 6: Saga – Manasarovar (5200m) 560 km – 9-10 hours drive

After an early morning breakfast, we get set on our way to Manasarovar we come across Jeeps and trucks rolling down the wide valley following rivers and grazing herds of yaks and sheep. Far south your eyes wander to the snow covered peaks that seem so close and we drive through the Paryang and crossing the Mayumla Pass, with lots of rocky peaks and sand dunes that give you an ideal idea of Tibet's arid landscapes. Depending on the season, nomads and other mobile shopkeepers attired in their beautiful traditional costumes can be found awaiting your arrival with hot tea and other supplies along with a big smile from ear to ear…they welcome you warmly.This route digs deep into the very essence that is Mansarovar Lake amid superb landscapes. As you near this incredible sacred lake, historic Chiu Monastery becomes visible on the North West shore of the lake. From this vantage point, you can even catch a glimpse of the majestic Mount Kailash. This journey stirs your spiritual emotions. Overnight in guest house.

Day 7: Manasarovar – Darchen (4560m)

The highest fresh water lake of a turquoise color is full of fishes and swans. Holy Kailash Parbat, Mt. Gurula-Mandata, & Lake Rishikesh can be found in its surroundings. The region is considered rich for gold and other mines, hot springs and hundreds of wild living fauna. We explore the Lake Mansarovar in the day & then drive down to Darchen which is a one hour drive. We then spend our night at Chu Gumba.

Day 8: Darchen – Dirapuk (4900m)

Early in the morning after breakfast, our trek begins; you meet your team of yaks and Tibetan yak drivers who will escort you around for the kora. Further ahead from Darchen, you have to trek past verdant meadows and picturesque streams to Lha Chu Valley. The trail overlooks Turquoise River cascading over a narrow canyon with high steep cliffs. En route, the north face of Kailash comes into vision. The trail will approach the 13th century monastery of Dira-Puk. Visiting this monastery is said to be a kind of blessing experience gifted in your Mount Kailash tour and trek. Finally, you will conclude the trek of the day by camping at Dira-Puk / resting in a guest house.

Day 9: Dirapuk – Zutulpuk (4790m) 08.00 hrs

Lha Chu Valley is a passing vista as you turn towards Drolma Chu Valley. Looking forward to the amazing Mount Kailash tour and trek, you ascend to Drolma La (5630m), the highest point of the trip. But soon after sighting breathtaking views of Thukpe Dzingbu Lake, known as the Lake of Compassion at the summit, you realize that this imposing and challenging ascent has indeed been very worthwhile and profitable. Several prayer flags can be seen at the summit. Further on, the trail descends to the flat fields of Zutul-Puk which houses a monastery and several fascinating caves. The caves at this locale are most popular for meditation; Milarepa's cave being one of them with Milarepa's footprints and elbow prints believed to be imprinted all over this cave of mani stones. As we continue our Parikrama, we camp at Zutul-Puk for the night & this is pretty exciting, adventurous and pleasurable.

Day 10: Zutulpuk – Darchen – Saga

Our pilgrimage trek concludes at Darchen and we drive to Horfe for our overnight camp/guest house. We feel spiritually satisfied after going to the religious rites during our parikrama & there is a deep sense of gratification as we wearily go to bed after a hard day.

Day 11: Saga – Kyirong:

You cross the Yarlung Tsangpo (Brahmaputra River) by a ferry, & continue driving 220 km to Kyirong. Soon after leaving Saga the road opens into a wide flat flowing plain and passes with spectacular views of Shishapangma (8027m) in the backdrop. Further drive to Kyirong at

1850 meters. Overnight in a guest house

Day 12: Kyirong – Kathmandu(1400m)

From Kyirong, you cruise down to the border town Rasuwagadi Nepalese border where you bid farewell to your Tibetan guide and driver and hike down to the Nepalese Immigration Control where you will be met by your Nepalese escorts. After completing the re-entry formalities you continue the scenic drive to Kathmandu which, depending on road and weather conditions, should take about 7-8 hours.

Day 13: Kathmandu leisure day

Day 14: Fly out to you Home country.

Pricing Information

Price Details

Please do kindly contact us for the best price. The price based on group size.

Price Includes

Transportation by Van / Mini Bus as per group size.

Accommodation in Twin sharing budget hotel on BB basis

TTB permit and Kailash permit

Monastery Entrance fees

All sightseeing by English speaking Tibetan guide

Price Excludes

Nepal re-entry visa fees

Lunch and Dinner

Sleeping Bag and Down Jacket

Insurance of any kind

Expenses of a personal nature

Emergency evacuation Cost.

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