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Poonhill Ghandruk Trekking



Tour Overview

Having witnessed the sunrise views of the great Dhaulagiri and Annapurna Himalaya range with beautiful landscapss from Poon Hill. An Amazing trek for you in short time in Nepal.Poonhill is at the height of 3200m, this is hub of mountains lovers. This trek is easy ,for all ages trekkers . One can have much enjoy this trek then other treks in Nepal.

Detailed Itinerary

Day 1: Arrival in Kathmandu [1300 m/4264 ft]

Arrive international airport in Kathmandu and Pick up and greet you then tranfer to a hotel. Overnight in Hotel.

Day 2: Kathmandu: Sightseeing and Trek Preparation

Today after breakfast, we start a guided tour to several of the most historical and spiritual attractions in Kathmandu. Some of these landmarks are considered World Heritage Sites including the historic Durbar Square, the sacred Hindu temple of Pashupati Nath, the famous 'Monkey Temple' (Swayambhunath) and Buddhists shrine (Buddha Nath) which is one of the largest Stupas in the world. In the afternoon, there will be a pre-trip discussion where we can meet our trek leader and other team members. Overnight in Kathmandu.

Day 3: Fly or drive to Pokhara [823m/2,700ft]

Early morning after breakfast, drive to Pokhara. drive 6-7 hrs (Flight to Pokhara Alternative Extra cost).You will see the agriculture land, Rivers and beautiful landscapes. Having the great meals on the way to Pokhara. Overnight in Hotel.

Day 4: Drive to Naya Pul (New bridge), and trek to Tikhe Dhunga (1495m/4905ft)

After an hour drive to Naya Pul we then commence our trek to Birethanti, a large and prosperous town beside the Modi River . We head up the main trail to Sudami where we climb gradually up the side of the valley, reaching Hile (1495m) before pushing on to Tirkhe Dhunga.. We pass through sub tropical valley forests, sometimes on the carved trail on the side of the cliff.Overnight in Lodge/Hotel.

Day 5: Tikhedhunga to Ghorepani [2750 m/ 9020 ft]: 5-6hrs trek

We make our ascent to the Ghorepani village via Ullerai. The Ulleri Hill with thousands of steps and boulders that continually go upward would really prove a test of your stamina. The name Ghorepani in Nepali means horse-water owing to its role as an important campsite for traders before it became a trekker's stop. Ghorepani is an interesting place with small shops and stalls for selling local products and craft. The town has two parts: one in a saddle and the other a few hundred feet lower. We stop at the higher part of the Ghorepani village that offers panoramic views of the surrounding mountains including Annapurna South and Nilgiri mountains. Since Ghorepani lies quite higher than our previous stop, we begin to feel the chilly weather especially in the evenings.Overnight in Lodge/Hotel.

Day 06: Ghorepani - Poon Hill - Tadapani [2700m/8,860 ft]: 6-7 hrs

To catch the magnificent splendor of sunrise over the Himalayas, we make an early morning climb along the steep trail to the viewpoint of Poon Hill (3200mtrs). Poon Hill (3,210m/10,529ft) is a great viewpoint from where we will be able to enjoy wonderful panoramic views of the Mustang part and Pokhara valleys including the closest views of more than 20 highest mountains including the close-up views of the Annapurna and Dhaulagiri ranges. The snowy peaks of the high mountains loom above and around us glowing in the morning light. After taking photos and having some coffee, tea or hot chocolate, we return back to Ghorepani. After breakfast, head east and climb a nearby ridge. Descend through rhododendron forest, pass by small mountain villages and spectacular waterfalls along the way to Tadapani.Overnight in Lodge/Hotel.

Day 07: Tadapani to Ghandruk [1940m/6360 ft]: 3-4 hrs

From Tadapani, we make a steep descent through the dense and dark forest. This part of the trek is through a thick forest of old rhododendron trees. When the rhododendron trees are in bloom, these forests actually turn into gardens of dazzlingly beautiful flowers, mostly red, when seen from the air or from far. By afternoon, depending upon the season of travel, we will be pleasantly surprised by the sight of some cherry blossoms in bloom on the slopes on the other side of the ravine. After trekking some more minutes, we enter the village of Ghandruk, a slope settlement with stone houses mostly inhabited by the Gurung people. Along with enjoying the stunningly close-up towering views of Fishtail, Annaurna South, and Hiuchuli mountains, we also acquaint ourselves with the simple but rich cultural traditions of the Gurung people at the Gurung Museum in Ghandruk.Overnight in Lodge/Hotel.

Day 08: Ghandruk to Pokhara: 4 hrs trek and 1 hr drive

Today, we trek from Ghandruk to Naya Pul then drive to Pokhara. The trek is downhill all the way to Birethanti. We step onto a staircase paved with stone slabs, curving in and out of the village and then terraced farms. It keeps going down almost without breaks from Ghandruk until Modi Khola river valley. By the time we arrive at Birethanti, some of us would feel like having made a downhill marathon. But our marathon is not over yet. From Birethanti, a half-an-hour's walk takes us to Naya Pul. The journey on foot comes to an end at Nayapul. Then we drive from Nayapul to Pokhara.Overnight in Lodge/Hotel.

Day 09: Fly or drive from Pokhara to Kathmandu: 30 min flight/ drive 6-7hrs. Last Shopping day.Overnight in Hotel.

Day 10: Fly back to your Home country with lot's of beautiful impression. Tour ends.

Pricing Information

Price Details

Cost on PoonHill Viewpoint

Trekking = $ 860 Per person

Price Includes

1. 3 night's hotel in Kathmandu and 2 night in Pokhara with bed & breakfast
2. Guided sightseeing in Kathmandu valley
3. Trekking Permit TIMS,

4. Bus Ticket to Pokhara and return to Kathmandu.
5. Meals plan: Breakfast, Lunch, Dinner during the trek best available restaurant.
6. One experience trekking guide 1 porter for 2 trekker (each member 13KG)
7. Annapurna Conservation permits Fee
8. Life, Medical Insurance for Guide & Porter
9. All accommodation during the trek best available hotel/guesthouses
10. Our service charge

Price Excludes

1. Personal equipment for trekking
2. Personal Insurance for travel to Nepal
3. Lunch & dinner in Kathmandu
3. Emergency Rescue evacuation during the trek incase needed
4. Personal expenses
5. Tipping (Tips) for guide & porter
6. Bar bills, Beverage and mineral water during the trek.
7. The cost not mentioned in cost includes