Vat No: 600106861 **Gov Regd No:** 12345678

ASIAN EXPEDITION PVT. LTD

Kathmandu, Nepal | Contact: +977-9851347921, +977-015358373
info@asian-expedition.com | www.asian-expedition.com

Rara Lake Jumla Trekking



Tour Overview

Nestled high and remote in the far west of Nepal, this region is stunningly beautiful. Stretching from the Kaliganga to the Indian frontier in the west, all the way to the Dhaulagiri Himal in the east, the hilly terrain drained by the Karnali River and its tributaries represents the most untamed, secluded, and seldom trekked part of Nepal. Sheltered from the monsoon rains by the Dhaulagiri and Annapurna Himalayas, it receives much less rainfall, resulting in a relatively dry landscape that is less cultivated and thinly populated. Culturally and geographically cut off from the rest of the country, access to this trek typically involves flying into Nepalgunj on a twin otter aircraft.

Detailed Itinerary

Day 1: Arrive in Kathmandu

You will be greet at TIA, Transfer to a Hotel and In the Evening will be brief the program and invite you for the Dinner.Overnight at Hotel.

Day 2: City Sightseeing in Kathmandu Valley

Kathmandu is the historical and cultural heart of Nepal and has been a popular destination for tourists ever since Nepal opened its doors to visitors. The city presents a wonderful mix of Hinduism, Tibetan Buddhism and Western influence in the Valley.Overnight at Hotel.[Bed and Breakfast]

Day 3: Fly Kathmandu to Nepalgunj

Transfer to the airport for the flight to Nepalgunj, which lies close to the Indian border in the western Terai. Overnight at Hotel.[B,L,D]

Day 4: Fly Nepalgunj to Jumla and to Chala Chaur at (2'900m) about 5 hours Trek

We take a thirty-minute scenic flight from Nepalgunj to Jumla. On reaching Jumla, we interact with the trekking crew and begin our trekking after lunch. We traverse northwards out of the Jumla Valley. Soon after trekking for an hour, we encounter a small village of Micha bearing a small walled enclosure and a number of Buddhist stupas. These stupas were erected at around late 15th century, in the memory of important dignitaries of the region. Overnight at Camping(tented camp).[B,L,D]

Day 5: Chala Chaur - Cross a Pass about 7 hours Trek

Leaving Chala Chaur and follow a trail moving along path of steep stones. While ascending, we cross through birch, pine forests and grassy pass. From this point Kanjiroba becomes visible in the east with its twin peaks towering over the adjacent area. Further on, we

descend as the trail opens into lush forests.Overnight at Tented camp.[B,L,D]

Day 6: Cross a Pass via Sinja at (2'440m. 8'005ft.) to Botan at (2'600m. 8'530ft.) about 7 hours Trek

Today, we walk along the Jaljala Khola through pine forests of and terraced farmland. En route the trail passes the 300 year old Kanaksundari Temple. The temple holds immense religious significance for Hindus. The route further bends along the main river. Crossing a thick plank bridge, we finally descend to reach Sinja village. Sinja village rests upon a small alluvial plain on the west bank of the clear Lah Gad River, also called the Sinja Khola. Sinja was once the ancient capital of the Malla kings. There are stones lying along the trail that foretell the history of Malla dynasty.Overnight at Tented camp.[B,L,D]

Day 7: Botan - Rara Park border

Leaving Sinja Khola, we follow the trail along Ghatta Khola amid the unparallel beauty of nature. The sinuous route winds up into terraced farmland and beautiful valley. Soon we find ourselves within the territory of Rara Lake National Park. We come across primitive flour mills and police post on the way. Rara Lake National Park houses unique and rich ecosystem. We can spend half an hour exploring the beauty of the park or simply doing whatever we feel like. We spend the night in Gorosingha.Overnight at Tented camp.[B,L,D]

Day 8: Rara Park border - Rara Lake at (3'062m 10'045ft.) about 7 hours Trek

We walk away from Gorosingha and ascend to the Ghurchi Mara ridge for about one and half hour. The trail is not as strenuous as it looks. On reaching the crest of the ridge, we get to experience an excellent panorama to the north, flaunting irresistible beauty and charm. As the trail descends, Rara Lake becomes visible on the northeast. The trail further passes through bamboo and birch forests before crossing the Khatyar Khola. We then follow the river upstream to Rara Lake, where we savor the most fascinating trekking experience amid the beauty of nature.Overnight at Tented camp.[B,L,D]

Day 9-10: At Rara lake for day exploration

Now have two days set aside to explore the area, including the old village of Rara. We can

also climb up to the wooden observation tower behind the post office for fine views of the lake and surrounding hills.Overnight at Tented camp.[B,L,D]

Day 11: Rara lake - Jhyari at (2'630m) about 8 hours Trek

Leaving Rara Lake and continue skirting along the target destination. On crossing a ridge, we enter the village of Jhyari. Strolling by the Jhyari Khola, the trail further follows terraced farmlands. As we approach Dhauligar Khola valley, we find a suitable camp site near the river bank.Overnight at Tented camp.[B,L,D]

Day 12: Jhyari - Ghurchi Lagna pass at (3'450m.) - at (2'770m.) about 8 hours Trek

Leaving Ghurchi than we pass through farmland and then enter the village of Pina. Pina has a police post and some hotels. We than continue climbing to the Ghurchi Lagna Pass and come across several small chortens, alpine-like pastures, walnut groves and a narrow valley. Finally, the steep slope guides us into the village of Chautha where we conclude the trek of the day.Overnight at Tented camp.[B,L,D]

Day 13: Chautha - Tharamara at (3'280m.) about 7 hours Trek

Today our trail follows the northern bank of the Sinja Khola passing through the hotel and health clinic under the massive overhanging rock at Kabra. Silaji found in this area is the source of the important medicinal mineral which is believed to cure almost anything. The route then pass through the villages of Bumra and Nyawre, before climbing to the pasture at Tharamara.Overnight at Tented camp.[B,L,D]

Day 14: Tharamara - Jumla about 7 hours Trek

We following the trail gently sloping upwards, we march towards Jumla. We meet tall birch trees on our way to the Khali Lagna and Danphe Lekh. we can have the most spectacular views of the mountain ridges to the south Jumla. we descend steeply to the first night's campsite. Utmost caution is required while trekking along this trail. We then follow the same route back to Jumla.Overnight at Tented camp.[B,L,D]

Day 15: We fly from Jumla - Nepalgunj - kathmandu

We take a flight from Jumla to Nepalgunj. On reaching Nepalgunj, we return to Kathmandu on the next available flight.Overnight at Hotel.[B,L,D]

Day 16: Final day-Shopping day with half day sightseeing.Overnight at Hotel.[B]

Day 17: Departure to Home country.[B]

Welfare and transfer to TIA Airport by private vechile.

Pricing Information

Price Details

Jumla-RaraLake Trekking cost: Please inquire us by email, the price depends on the group size. Thank you.

Price Includes

. 4 night Hotel in Kathmandu and 2 night hotel in Nepalgunj

.All domestic flights KTM/NEPALGUNJ/JUMLA AND JUMLA/NEPALGUNJ/KTM

.All delicious Breakfast/Lunch/Dinner Meals

.All Camping Tents and Kitchen gears

.Guide and porters

.Trekking Permits

.Land tansportations Car/Jeep/Van

Price Excludes

.Personal expenses

.International flights

.Alcoholic drinks

.Guide/Porter Tips

.Any resque services

.Meals in Kathmandu hotel