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# Sailung Timal Trekking



## Tour Overview

Sailung trek  lies north east but close destination from Kathmandu with maximum height at 4320m. The stunning views of Langtang and Gaurishankar Himalaya, rich culture in Magar , Thami and Tamangi people with amazing landscapes.This trek is mostly walk through the small villages, farmed fields, Chorten and Gompas and thundering rivers.To interact with local farmers, ethnical people and fishers give you a truly trekking means. Both camping (Tents) and home stay style trek is possible in this area.This trek is well known as Indigenous People Trail in Sailung Timal region.

## Detailed Itinerary

**Day 1: Arrival day. Pick up and tranfer to Hotel**

**Day 2: Sightseeing in Kathmandu**

Sightseeing in Kathmandu  world heritage like  Darbar square , Pashuparinath temples of Hindus and Syambhunath temple of Buddhist site.

**Day 3: Transport by bus from Kathmandu to Dhunge**

Transport by bus from Kathmandu to Dhunge takes 5-6 hours. The trek starts from Dhunge (2500m). Trek to Dhunge Kholakharka (3146m) 4:00. On the trail, you will find magnificent views of Mount Gaurishankar (7134 m). Spend the night at Community lodge Kholakharka.

**Day 4: Thulo Sailung**

During this optional day you can enjoy the sunrise and view Thulo Sailung. You will visit the sacred caves, chhortens etc.

**Day 5: Trek to Kholakharka Surkey**

Trek to Kholakharka Surkey 4:00. The trail descends through forests Sailung that offer a wide variety of local vegetation and different species of birds. Overnight homestay Surkey.

**Day 6: Trek to Surkey Doramba**

Trek to Surkey Doramba via Tinghare 4:00. You go through the rhododendron forest as you descend to reach Doramba. Overnight homestay Doramba.

**Day 7: Trek to Doramba Khandadevi**

Trek to Doramba Khandadevi by Galba 4:30. During your course you will receive splendid views of the Himalayas and the hills of Mahabharat. Visit the temple and enjoy a beautiful sunset Khandadevi. Overnight homestay Khandadevi.

**Day 8: Trek to Khandadevi to Hiledevi**

Trek to Khandadevi to Hiledevi 4h. You will follow a large coniferous forest. Night community lodge Hiledevi.

**Day 9: Trek to Hiledevi to Lubughat**

Trek to Hiledevi to Lubughat 4h. After enjoying the sunrise at Sunapati you descend along a path to reach Lubughat. The village is situated on the banks Lubughat the Sun Koshi River. You can watch the Majhi community specializing in fishing and their lifestyle or enjoy the tranquility along the sandy banks of the river. Overnight in lodge Lubughat.

**Day 10: Nepalthok**

You will cross the river to reach Nepalthok 30min. From there you take a bus to Kathmandu in 4 hours.

**Day 11: Relax day or shooping day in kathmandu**

**Day 12: Tranfer to airport & fly back your home**

**Day 1: Arrival and transfer to hotel in Kathmandu**

**Day 2: Sightseeing around Kathmandu valley**

**Day 3: Drive to Mude Bazaar trek to Khola kharka (2600m)**

**Day 4: Trek Khola Kharka (2600m) to Thulo Sailung (3146m)**

**Day 5: Khola Kharka to Dhormba Gompa (2100m)**

Trek to Kholakharka Surkey 4:00. The trail descends through forests Sailung that offer a wide variety of local vegetation and different species of birds. Overnight homestay Surkey.

**Day 6: Dhorma to Bethan village (2300m)**

**Day 7: Bethan village to Aruboat village ( (900m)**

**Day 8: Rest day. Local excursion to Tamang cummunity, untouchable people and Hindu community.**

**Day 9: Aruboat village to Chapkhore village (1833m)**

**Day 10: Chapkhore visit Timal Narayanthan continue to Kot Timal (1960m)**

**Day 11: Kot Timal Trek to Bhakunde Besi (700m)**

**Day 12: Bhakunde Besi Trek to Namo Buddha (1800m)**

**Day 13: Namo Buddha Trek to Dhulikhel and drive to Kathmandu**

**Day 14: Free day in Kathmandu for shopping or relax**

**Day 15: Drive back to your own destination or tranfer to Airport.**

## Pricing Information

## Price Details

### Sailung Homestay Trekking  Cost for Itinerary I

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12 days Home stay Sailung  Trekking
Group size: minimum 2 people
Per person: $860

And  for **12 days Camping Sailung Trekking for Itinerary I**

Group size: minimum 2 people

Per Person: $1350

**Sailung Homestay Trekking Cost for Itinerary II**
**15 days Homestay Sailung Timal Trekking**
Group size: minimum 2 people
Per person: $1000

## Price Includes

4 night hotel in Kathmandu

All accommodation during the trek

Breakfast, Lunch and Dinner , tea & coffee during the trekking

Kathmandu Sightseeing, Private vechiles.

Trekking guide, Porters and for caming trek: Cookman

Trekking Permit

Camping Tents

All land tranfer to and from Kathmandu

## Price Excludes

All personal expenses

Tips for Guide & Porter

Any cold drinks and alcoholic drinks

Clients trekking equipmens

"not included items"