**Vat No:** 600106861 **Gov Regd No:** 12345678

**ASIAN EXPEDITION PVT. LTD**
Kathmandu, Nepal | Contact: +977-9851347921, +977-015358373
info@asian-expedition.com | www.asian-expedition.com

# Yala Peak (5732m) Climbing



## Tour Overview

Nepal Yala Peak(5732m) lies between the Langtang and Dorjelakpa Himalayan. Yala Peak is close distance from Kathmandu and requires 10 to 12 days to complete the summit. This peak is less technically required. For this Peak, we start our trek from Syabrubensi village towards Langtang Khola. The trekking trail goes along the Langtang khola (River) up to Lama hotel, Langtang valley, and Kyangjin Gompa. From Kyangjin village it takes one day to be at the base camp where we set up our Tents. There will be a brief given by our Climbing guide (Sherpa) and to have a course about the technique of proper climbing. Yala Peak is mainly climbed on the icy rocks and on the topmost of the time will be snow. From the Summit, you can see the spectacular views on the left of the Langtang Lirung and Shisapangma mountains in the north. Ganjala peak and other many peaks are in the south and Dorjelakpa is to the far east. **Asian Expedition Pvt.Ltd** organizes this peak with good preparation, less risk, and a successful summit.

## Detailed Itinerary

**Day 1: Arrival in Kathmandu Airport**

Arrival in Kathmandu Airport, our representative transfer to a good Hotel. At the evening there will short breif about trekking and Climbing.Overnight in Hotel.

**Day 2:  Kathmandu Sightseeing**

Kathmandu Sightseeing like Old Royal Palace -Darbar square, Syambhunath monks temple and Pahupatinath hindu temple. This is half day sightseeing Then  we preparing for trekking and climbing . May you have  to buy your final gears. Overnight in Hotel(Breakfast).

**Day 3: Kathmandu to Syabru Bensi (810m) .**

Before at 6:30 am, better you have breakfst at your hotel, our guide come to the hotel and drive by taxi to the New bus station where the buses leav to Dhunche up to Syabru bensi. Or You can drive your  privite Jeep or car toward Dhunche or Syabrubensi. Over night at Guest house or hotel.[Breakfast,Lunch,Dinner]

**Day 4: Syabrubensi to LamaHotel(2740m)**

Today we walk along the Langtang khola, small  tea shops and throug the thick forests and cross many time the wood and suspension bridges  up to Rimche. then after 30 minute you get the lama hotel where many comfortable lodge or hotel. Overnight in Lodge[Breakfast,Lunch,Dinner]

**Day 5: Lama Hotel to Langtang village (3500m)**

As we continue climbing, there are occasional glimpses of Langtang Lirung between the trees. At Ghora Tabela (3000m), the trail emerges into open ground. There was once a Tibetan resettlement project here, but now it is a Nepalese army post though it has no permanent inhabitants. The trail continues to climb gently and the valley widens, passing a few temporary settlements used by herders who bring their livestock up to graze in the high

pastures during the summer months. There is a monastery which we can visit shortly before arriving at the village of Langtang, the headquarters of the Langtang National Park. The houses of Langtang and neighboring villages are of Tibetan style, surrounded by stone walls enclosing fields of buckwheat, potatoes, wheat, turnips and barley.Overnight in Lodge[Breakfast,Lunch,Dinner]

**Day 6: Langtang Village to Kyangjin (3800m)**

The trail climbs gradually through small villages and yak pastures, as the valley opens out further and the views become more extensive. After crossing several small streams and moraines, the trail reaches the settlement at Kyangjin. Here there is a small monastery and a government-operated cheese factory. We shall arrive at Kyangjin by lunch time, allowing extra time to acclimatize and explore the area.Overnight in Lodge[Breakfast,Lunch,Dinner]

**Day 7: Kyangjin Gompa Rest**

Explore and day hike around this valley. Go to A famous cheese Factory which was started by the help of Swiss Association for technical assistance in 1995. Langtang Glacier may surely attract if you can walk up on the north of Gompa.Overnight in Lodge[Breakfast,Lunch,Dinner]

**Day 8: Kyangjin to Yala (4641m) Basecamp.Tented camp.**

From Kyangjin, we continue further up the valley, climbing above the Langtang Khola and contouring around the hillside to the yersa at Yala. From our camp here, there are tremendous views of the peaks of Dorje Lakpa (7000m), Kangchenpo (6400m) and Lonpo Gang (7100m).From our camp at Yala it is only a short way to the top of Tsergo Ri (5066m). This is an 'easy' walk to the prayer flags and mani stones marking the summit, the highest point on a broad flat plateau. The views all around are spectacular, a 360 degree panorama of snow capped peaks including Langtang Lirung, Kimshun, Yanza Tsenji, Langtang Ri, Pemthang Ri, Langshisha Ri, Dorje Lakpa, Kangchenpo and Naya Kanga. Overnight in Tented camps [Breakfast,Lunch,Dinner]

**Day 9: Climb of Yala Peak(5732m)**

Our base at Yala provides us with the opportunity to climb Yala Peak, a glaciated peak to the north east of Yala. The climb is not difficult and provides good acclimatization and training for our climb of Peak. The climb is straightforward being little more than a walk up steep snow slopes of around 30 degrees. Ice axe and crampons will be needed and most of the climb will involve walking roped together up the glacier. This climb is a superb introduction to mountaineering in the Himalaya with magnificent mountain scenery all around and views across to the mountains in nearby Tibet, including Shishapangma. Overnight in Tented Camps [Breakfast,Lunch,Dinner]

**Day 10: Yala to return Kyangjin Gompa to Langtang valley.Overnight in Lodge[Breakfast,Lunch,Dinner]**

**Day 11: Trek Langtang village to Lamahotel-Remche. Same way retrack.Overnight in Lodge[Breakfast,Lunch,Dinner]**

**Day 12: Trek Lamahotel-Remche to Sybrubensi.Same way retrack. Overnight in Lodge[Breakfast,Lunch,Dinner]**

**Day 13: Drive Sybrubensi to Kathmandu /7hrs. Same way retrack. Overnight in Hotel [Breakfast,Lunch]**

**Day 14: Day Rest or Shopping day free day.Overnight in Hotel [Breakfast]**

**Day 15: Drop to Airport. fly back to your Home country.**

## Pricing Information

## Price Details

The trekking and Climbing Cost:

Per person: 1700$

Minimum:  2-person Climber

**Email:**
info@asian-expedition.com

**Asian Expedition Pvt Ltd.**
G.P.O. Box 20377, Thamel,
Kathmandu, Nepal
www.asian-expedition.com

**Phone:**
+0977-1-5358373
+0977-9851347921

Maximum: 12 Persons

## Price Includes

4 Night hotel in Kathmandu,

All trek hotel accommodation/lodges/guesthouse

Trekking and Yala Climbing Permit

langtang national park fee

2nights in Camp tents

Climbing guide, Cookman, Trekking Guide & Porters

Trekking and Climbing Map

3 times meals during the Trekking and Climbing period (Breakfast, lunch and dinner)

Land Transporatation

Nepali staff insurances

## Price Excludes

Tips for Nepali crew members

Meals in Kathmandu valley

Any kind of bar bills,

Any kind of alcoholic drinks, mineral waters,

not included items

Rescue Charter if necessary